

What does WRTA Travel Training Include?

Each WRTA Travel Training program is customized to your individual needs.

WRTA Travel Training programs may include instruction regarding:

- Planning your trip
- Riding specific routes
- Reading and understanding route maps and schedules
- Getting to and from your bus stop
- Recognizing bus numbers, bus stops, and landmarks
- Paying fares and purchasing tickets and passes
- Getting on and off the bus safely
- Using the lift to board with a mobility device, if applicable
- Positioning your mobility device in the bus, if applicable
- Locating and transferring to other buses
- Crossing the street
- Phone, emergency, and safety skills
- Stranger awareness
- Using new WRTA technologies

Learn how to travel the WRTA's regular bus system safely and independently!



Worcester Regional Transit Authority

(508) 453-3451



WRTA Travel Training makes riding the bus easy!



Worcester Regional Transit Authority

www.therta.com
www.wrtaparatransit.com

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What is WRTA Travel Training?

The WRTA Travel Training program helps people who want to learn to travel independently using the WRTA's regular bus system. WRTA Travel Training teaches individuals (anyone who is at least 13 years old) how to safely and independently ride the WRTA's public transportation system. And, while you are traveling with a WRTA Travel Trainer, your trips are FREE!

How does Travel Training benefit me?

Enjoy increased independence and an active lifestyle with access to medical appointments, restaurants, entertainment, events, and more! WRTA Travel Training can enhance your lifestyle and make it easier to travel using the WRTA's regular bus system.



How do I get started?

A WRTA Travel Trainer will help find solutions that best fit your situation, abilities, and needs. You'll start training with a series of steps from initial one-on-one instruction to less assistance from a trainer, which leads to independent travel.

You may choose to receive instruction on a one-on-one basis, or bring a friend or relative and experience it together.

There are two types of Travel Training available:

Destination: You learn to travel to and from a specific destination.

General: You learn to travel using the WRTA's entire regular bus system in greater detail, without a specific destination in mind.

Am I eligible?

Anyone who is at least 13 years old can participate in WRTA Travel Training. Learn how to safely and independently ride the WRTA's regular bus system – plus, WRTA Travel Training is FREE!

Get started today!

Contact the WRTA Travel Training Office by calling **(508) 453-3451** or via email at **ttrainer@therta.com**.

A WRTA Travel Trainer will set up an in-house mobility assessment with you and assist in determining your travel needs. WRTA Travel Training sessions provide firsthand experience riding the WRTA's regular buses within your community. Each person's needs and abilities are different, so training techniques and time devoted will vary person by person.